



October 2018

BREAKFAST & LUNCH MENU

Hello
AUTUMN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Breakfast: W Pancakes/Syrup, Link Sausage, Fresh Apples, Juice</p> <p>Lunch: Cheese Pizza, Broccoli Florets, Ranch Dressing, Grapes</p>	<p>2 Breakfast: Scrambled Eggs w/Ham, WG Toast/Jelly, Slices Peaches, Juice</p> <p>Lunch: Spaghetti w/Meat Sauce, WG Breadsticks, Green Beans, Plum Halves</p>	<p>3 Breakfast: Breakfast Pizza, Mandarin Oranges, Juice</p> <p>Lunch: Hamburger on WG Bun Lettuce/Tomatoes, Tomato Soup, Baked Beans, Sliced Pears</p>	<p>4 Breakfast: Breakfast Burrito, Salsa, Mixed Fruit, Juice</p> <p>Lunch: Beef Fingers, French Fries, Steamed Peas and Carrots, Applesauce w/Cinnamon</p>	<p>5</p> <p>No School Fair Day</p>
<p>8 Breakfast: Egg / Sausage, Sandwich, Mandarin Oranges, Juice</p> <p>Lunch: Beef Vegetable Soup, Celery Sticks w/Peanut butter, WG Biscuit, Applesauce Jell-O</p>	<p>9 Breakfast: WG Waffle Sticks/Syrup, Apricots, Juice</p> <p>Lunch: BBQ Chicken Drumsticks, Mashed Potatoes, Steam Broccoli, WW Bread, Diced Pears</p>	<p>10 Breakfast: Cold Cereals, Breakfast Bar, Plum Halves, Juice</p> <p>Lunch: Beef & Macaroni Casserole, Tossed Salad/Dressing, Fruit for Salad</p>	<p>11 Breakfast: Sausage Patty, WG English Muffin, Sliced Peaches, Juice</p> <p>Lunch: Potato Soup, Naan' Bread Green Beans, Tropical Fruit</p>	<p>12 Breakfast: Hot Yellow Cornmeal Cereal, WG Bagel/Straw Cream Cheese, Applesauce, Juice</p> <p>Lunch: Chicken Cheese Tamale, Spanish Rice, Blue Corn Chips/Salsa, Pinto Beans, Pineapple Tidbits</p>
<p>15 Breakfast: Breakfast Pizza, Sliced Pears, Juice</p> <p>Lunch: BBQ Por-k Sandwich Potato Wedge, California Blend, Baked Beans, Fruit for Salad</p>	<p>16 Breakfast: Cold Cereal, WW Toast/Jelly, String Cheese, Apricots, Juice</p> <p>Lunch: Chili Beans, Corn Bread, Spanish Rice, Mandarin Oranges</p>	<p>17 Breakfast: Scramble Eggs, WW Toast/Jelly, Link Sausage, Plum Halves, Juice</p> <p>Lunch: Chicken and Rice Soup, WG Biscuit, Carrots/Ranch, Grapes</p>	<p>18 Breakfast: WG Pancake Wrap, Mandarin Oranges, Juice</p> <p>Lunch: Ham & Cheese Sandwich, Salad Toppings, Chips, Celery Sticks/Ranch Dressing, Sliced Pears</p>	<p>19</p> <p>No School P/T Conference</p>
<p>22 Breakfast: Hot Oatmeal Cereal, Banana Nut Muffin, Fruit For Salad, Juice</p> <p>Lunch: Pepperoni Pizza, Tossed Salad, Ranch Dressing, Green Beans, Mandarin Oranges</p>	<p>23 Breakfast: WG Muffin, Sausage Patty Sliced Peaches, Juice</p> <p>Lunch: Beef Enchiladas, Topping, Brown Rice, Steam Corn, Pineapple Tidbits</p>	<p>24 Breakfast: Breakfast Burrito, Salsa, Fresh Apples, Juice</p> <p>Lunch: Salisbury Steak, Scalloped /Gravy Potatoes, Steamed Peas, WG Dinner Roll, Plum Halves</p>	<p>25 Breakfast: WG Pancakes, Sausage Links, Apricot Halves, Juice</p> <p>Lunch: Turkey Sandwich, Salad Toppings, Chateau Mixed Vegetables, Chips, Apple Slices</p>	<p>26 Breakfast: WG Bagel/Cream Cheese, Strby/Peach Yogurt, Sliced Pears, Juice</p> <p>Lunch: Chicken Nuggets, Baked Beans, WG Roll, Peas & Carrots Applesauce Jell-O</p>
<p>29 Breakfast: Egg & Sausage Patty, WG Biscuit, Mandarin Orange, Juice</p> <p>Lunch: Oven Fried Chicken, WG Bread, Mashed Potatoes/Gravy, California Blend, Mixed Fruit</p>	<p>30 Breakfast: WG Waffle Sticks/Syrup Apricots Juice</p> <p>Lunch: Chicken Rice Soup, WW Crackers, Monte Carlo Blend Veg., Blush Applesauce</p>	<p>31 Breakfast: Cold Cereal, Brk Bar, Sausage, Egg & Cheese, Plums, Juice</p> <p>Lunch: Cheeseburger/Bun/Lettuce/Tomato, French Fries, Pork & Beans, Strby w/Diced Pears</p>		

****NOTE: All Meals are Served with 1%, White and Chocolate Milk ** Menu is subject to Change without Prior Notice
USDA Discrimination is prohibited on the bases of race, color, national origin, sex, age or disability.**

REVISED 10/10/18