



# FREE SUMMER MEALS

FOR ALL CHILDREN AGES 18 AND UNDER



**BREAKFAST** 7:00AM – 9:00AM  
**LUNCH** 11:00AM – 1:00PM  
 SASI Cafeteria

## BREAKFAST & LUNCH MENU

<b>MONDAY</b> <i>Damóo Biiskáni</i>		<b>TUESDAY</b> <i>Damóo dóo Naakijj</i>	<b>WEDNESDAY</b> <i>Damóo dóo Tágíjj</i>	<b>THURSDAY</b> <i>Damóo dóo Dj'íjj</i>	<b>FRIDAY</b> <i>Nida'iinísh</i>
<b>JUNE</b>	<b>1</b> <u>Breakfast:</u> Breakfast Pizza, Fresh Apple <u>Lunch:</u> Chicken Sandwich, French Fries, Side Salad w/Ranch, Fresh Apple	<b>2</b> <u>Breakfast:</u> Peach Overnight Oats, Toast, Juice <u>Lunch:</u> Spaghetti, Garlic Stick, Steamed Broccoli, Diced P ears	<b>3</b> <u>Breakfast:</u> Scrambled Eggs, Hash Browns, Toast, Fruit Cocktail <u>Lunch:</u> Salisbury Steak, Mashed Potatoes, Dinner Roll, Brussel Sprouts, Sliced Peaches	<b>4</b> <u>Breakfast:</u> Bagel Cream Cheese Bars, Cream of Wheat, Fresh Kiwi <u>Lunch:</u> Beef Soft Taco, Pinto Beans, Mexicali Corn, Apple Sauce	<b>5</b> <u>Breakfast:</u> Cold Cereal, Fresh Banana <u>Lunch:</u> Sweet and Sour Chicken over Rice, Normandy Veggies, Mandarin Oranges
	<b>8</b> <u>Breakfast:</u> Brown Sugar Oatmeal w/Raisins, WG Toast, Apple Slices <u>Lunch:</u> Cheese Burger, French Fries, Peas, Fresh Orange	<b>9</b> <u>Breakfast:</u> Fresh Blueberry Pancakes w/SF Syrup, Sausage Links, Juice <u>Lunch:</u> Chicken Fajitas, Spanish Rice, Sliced Watermelon	<b>10</b> <u>Breakfast:</u> Breakfast Bowl, Fresh Kiwi <u>Lunch:</u> Chicken Penne Alfredo, Garlic Toast, Caesar Salad, Broccoli, Tropical Fruit	<b>11</b> <u>Breakfast:</u> Vegetable Frittata Bites, WG Toast, Juice <u>Lunch:</u> Chili Dog, Tator Tots, Carrots, Fresh Kiwi	<b>12</b> <u>Breakfast:</u> French Toast Sticks w/SF Syrup, Sausage Links, Fresh Strawberries <u>Lunch:</u> Chicken & Veggie Noodle Soup, Crackers, Applesauce
	<b>15</b> <u>Breakfast:</u> Blue Corn Mush w/Granola or Cold Cereal, WG Toast, Juice <u>Lunch:</u> BBQ Pork Sandwich, Cold Slaw, Pineapple Tidbits	<b>16</b> <u>Breakfast:</u> Breakfast Sandwich, Fresh Orange Slices <u>Lunch:</u> Beef Soft Taco, Buttered Corn, Spanish Rice, Apricot Halves	<b>17</b> <u>Breakfast:</u> Cinnamon Pancakes w/SF Syrup, Fruit Cocktail <u>Lunch:</u> Deli Turkey Sandwich, WG Chips, 3 Bean Salad, Fresh Apple	<b>18</b> <u>Breakfast:</u> Cheesy Omelet, Hash Brown, WG Toast, Juice <u>Lunch:</u> Chicken Pozole, Naan Bread, Fresh Apple	<b>JUNETEENTH</b> <b>(CAMPUS CLOSED)</b>
<b>22</b> <u>Breakfast:</u> Mixed Berry Yogurt Parfait, Graham Crackers, Juice <u>Lunch:</u> Chicken Tenders w/Peppered Gravy, Peas & Carrots, Texas Toast, Tropical Fruit	<b>23</b> <u>Breakfast:</u> Kolache, Boiled Egg, Juice <u>Lunch:</u> Sloppy Joe, French Friex, Brussel Sprouts, Fresh Apple	<b>24</b> <u>Breakfast:</u> Fresh Biscuits & Sausage Gravy, Diced Peaches <u>Lunch:</u> Steamed Corn Stew w/Lamb, Naan Bread, Fruit Jell-O	<b>25</b> <u>Breakfast:</u> WG Waffles, w/SF Syrup, Scrambled Eggs, Juice <u>Lunch:</u> Meatball Sandwich, Steamed Cauliflower, Tropical Fruit	<b>26</b> <u>Breakfast:</u> Egg Patty, Sausage in an English Muffin, Fresh Orange <u>Lunch:</u> Chicken Salad Sandwich on a Croissant, WG Chips, Side Salad w/Ranch, Diced Pears	
<b>29</b> <u>Breakfast:</u> Breakfast Pizza, Fresh Apple <u>Lunch:</u> Chicken Sandwich, French Fries, Side Salad w/Ranch, Fresh Apple	<b>30</b> <u>Breakfast:</u> Peach Overnight Oats, Toast, Juice <u>Lunch:</u> Spaghetti, Garlic Stick, Steamed Broccoli, Diced Pears	<b>JULY</b>	<b>1</b> <u>Breakfast:</u> Scrambled Eggs, Hash Browns, Toast, Fruit Cocktail <u>Lunch:</u> Salisbury Steak, Mashed Potatoes, Dinner Roll, Brussel Sprouts, Sliced Peaches	<b>2</b> <u>Breakfast:</u> Bagel Cream Cheese Bars, Cream of Wheat, Fresh Kiwi <u>Lunch:</u> Beef Soft Taco, Pinto Beans, Mexicali Corn, Apple Sauce	<b>INDEPENDENCE DAY OBSERVED</b> <b>(CAMPUS CLOSED)</b>
<b>6</b> <u>Breakfast:</u> Brown Sugar Oatmeal w/Raisins, WG Toast, Apple Slices <u>Lunch:</u> Cheese Burger, French Fries, Peas, Fresh Orange	<b>7</b> <u>Breakfast:</u> Fresh Blueberry Pancakes w/SF Syrup, Sausage Links, Juice <u>Lunch:</u> Chicken Fajitas, Spanish Rice, Sliced Watermelon		<b>8</b> <u>Breakfast:</u> Breakfast Bowl, Fresh Kiwi <u>Lunch:</u> Chicken Penne Alfredo, Garlic Toast, Caesar Salad, Broccoli, Tropical Fruit	<b>9</b> <u>Breakfast:</u> Vegetable Frittata Bites, WG Toast, Juice <u>Lunch:</u> Chili Dog, Tator Tots, Carrots, Fresh Kiwi	

NOTE: All meals are served with choice of 1%, White and Chocolate Milk. Menu is subject to Change without Prior Notice.  
 USDA Discrimination is prohibited on the bases of race, color, national origin, sex, age or disability.